

What's **IN?**

What's **OUT?**

A Guide to Recycling

To make recycling easier, Connecticut now has a universal list of what belongs in your recycling bin and what doesn't.



Basic Guidelines: All items should be **empty, rinsed, clean** and **open**. Do **not** shred, box, bag or bundle.

What's IN?

PAPER		GLASS	METAL		PLASTIC	
Cardboard & boxboard	Magazines & newspaper inserts	Beverage bottles & jars	Aerosol containers (food grade only)	Cans & bottles	Plastic bottles (with or without caps attached)	Plastic one-use cups (no lids, no straws)
Food & beverage cartons	Newsprint	Food bottles & jars	Aluminum foil	Foil containers	Plastic containers, tubs & lids	
Junk mail	Office paper			Metal lids from cans & bottles		
	Pizza boxes					

What's OUT?

Gift wrap & gift bags	Shredded paper	Ceramic mugs & plates	Aerosol containers (cleaners, pesticides, etc.)	Paint cans	Loose bottle caps	Single-use coffee containers
Ice cream containers	Take-out food containers	Drinking glasses	Foil tops from yogurt containers	Pots & pans	Plastic bags & wrap	Styrofoam cups & containers
Paper cups (hot & cold)	Tissue paper			Small pieces of scrap metal	Plastic plates, bowls & utensils	Water filters
				Spiral wound containers	Prescription bottles	Black plastic trays & containers